

# GROCERY CARE PACK CHECKLIST CHICAGO

Help encourage refugee families and meet their needs during Illinois' Shelter at Home order. Please purchase and drop off donated supplies at the Exodus office, order supplies online and have items delivered to Exodus, or arrangements can be made for pickups of larger collections.

Please note, to minimize physical contact, our staff will not be present at Exodus. A collection box is in the entryway of our office at 780 Busse Hwy., Park Ridge, IL.

Exodus is taking all recommended precautions to keep our volunteers and the refugee community safe during this time of social distancing. Care Packs will be dropped off by our team at the doorsteps of refugee families.



## FRESH PRODUCE

Garlic  
3 lb. Onions  
5 lb. Potatoes  
Carrots  
Head of cabbage  
Apples  
Oranges  
Bananas

## DRIED/CANNED GOODS

White Rice  
Dried beans (kidney, navy, pinto, chickpeas, lentils)  
Canned tomatoes/tomato sauce  
Canned peas  
Oil  
Flour  
Sugar  
Tea bags

## HOUSEHOLD/HYGIENE

Diapers (sizes 3-6)  
Toilet paper  
Paper towels  
Sponges  
Cleaning spray  
Scouring powder  
Laundry soap  
Dish soap  
Sanitary pads  
Shampoo  
Soap  
Toothpaste

## DAIRY

Milk \*specified drop off times  
Eggs \*specified drop off times

\*Milk and egg drop offs only on Mondays, Wednesdays and Saturdays from 10am-noon. All other items can be dropped off anytime.

# GROCERY CARE PACK CHECKLIST DUPAGE

Help encourage refugee families and meet their needs during Illinois' Shelter at Home order. Please purchase and drop off donated supplies at an Exodus employee home office. A collection box is in the shed alongside the driveway of 1205 E. Hawthorne Blvd., Wheaton, IL (shed on Stoddard). Or order supplies online and have items delivered to this location.

Please note, to minimize physical contact, our staff will not be present during your drop-off.

Exodus is taking all recommended precautions to keep our volunteers and the refugee community safe during this time of social distancing. Care Packs will be dropped off by our team at the doorsteps of refugee families.



## FRESH PRODUCE

Garlic  
3 lb. Onions  
5 lb. Potatoes  
Carrots  
Head of cabbage  
Apples  
Oranges  
Bananas

## DRIED/CANNED GOODS

White Rice  
Dried beans (kidney, navy, pinto, chickpeas, lentils)  
Canned tomatoes/tomato sauce  
Canned peas  
Oil  
Flour  
Sugar  
Tea bags

## HOUSEHOLD/HYGIENE

Diapers (sizes 3-6)  
Toilet paper  
Paper towels  
Sponges  
Cleaning spray  
Scouring powder  
Laundry soap  
Dish soap  
Sanitary pads  
Shampoo  
Soap